

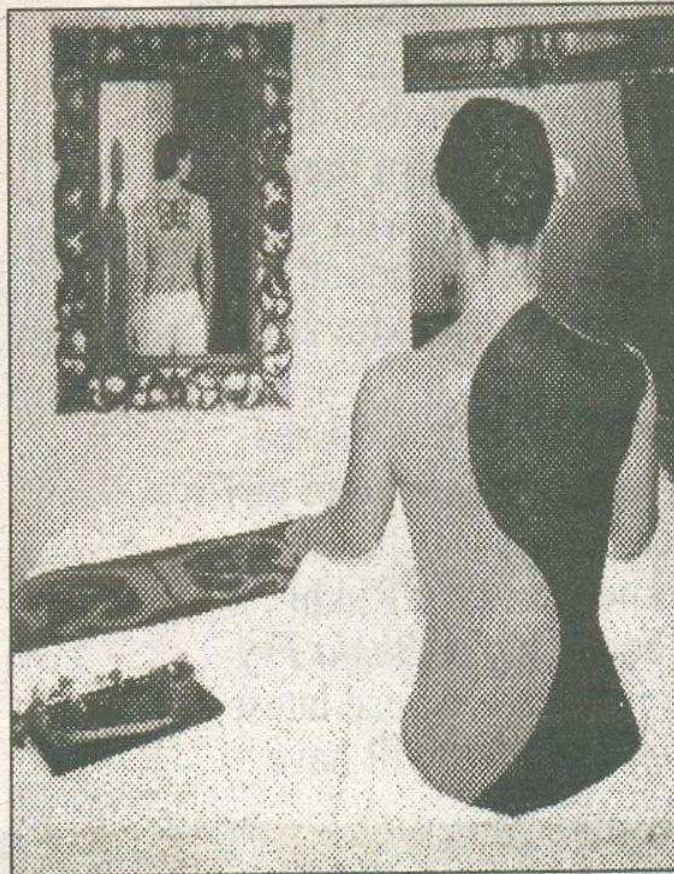


● Rejuvenate and relax

Caressa means a tender, loving touch. Living up to its name, Caressaa Day Spa promises utmost wellness care. Peace and tranquility encompass the ambiance whilst relaxing, rejuvenating and refreshing your thoughts and emotions. Respecting the age old traditions, Caressaa believes in combining classic and timeless therapies with latest spa techniques. This explains the presence of life size stone statues of Apsaras at Caressa. At Caressa Day Spa, Juhu
Contact: 65262641

● New therapies

This Monsoon, Myrah presents three new therapies developed by spa expert Lovina Gidwani Jha, namely: royal aura foot ritual, the royal aura rain drop massage and the Arabic rassoul wrap. The spa is not just offering you unique treatments but is actually offering a nurturing and healing touch that will stay with you. At Myrah, J.V.P.D Scheme
Contact: 26253968



● Monsoon Retreat

Angdai in English means to yawn or to stretch after a good long sleep. It offers the latest treatments and personalised attention giving the right proportion of relaxation and rejuvenation coupled with excellent results. The highly professional therapists guide you on the massage depending on your regime and skin type. Choose from treatments ranging from body massages, exfoliation techniques, wraps, stone therapies and *shiatsu* rituals to manicures, pedicures and facials. Till September 13
 At Le Sutra - The Indian Art Hotel, Khar
Contact: 32511447